

Middlesex

Connection

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Explore Cumberland Valley Rails to Trails

Looking for a way to enjoy the outdoors and get some exercise? Try the Cumberland Valley Rail to Trails. It's an eleven mile stretch from Shippensburg to Newville. The wooded trail provides a peaceful, partially shaded pathway for a variety of users such as bikers, horseback riders and hikers. The trail is ideal for setting your own pace, and while you will need to be aware of other trail users, you will not need to worry about motorized vehicles because they are not permitted on the trail.

The trail is beautiful, but primitive in some places. You may choose to begin in Newville at Big Spring Avenue. At this point the trail is concrete and asphalt for about .5 miles, then it is ballast and packed earth until Ott Road (near Oakville) where it is a two tread trail (grass & hard packed earth for equestrians and packed stone dust for hikers and bikers). The dual trail lasts for 4.5 miles and ends close to Shippensburg Township Park. Improvements are being planned for the trail between Oakville and Newville for next summer. Parking is located in Shippensburg, Newville and Oakville.

A map, trail conditions, and contact information can be found at www.cvrtrc.org

**Enjoy scenic Cumberland County, get a work out
and as they say....Happy Trails to you!**



Kids and Safety

Summer is around the bend. Soon children will be out and enjoying the lazy days of summer. Here are a few tips from McGruff the Crime Dog on keeping your child safe. Check out www.mcgruff.org for more tips

Know where your child is– Have your child ask permission before leaving the house and give them a time to check in or be home, set limits as to where you allow your child to play

Help your child learn important phone numbers– Make sure your child knows your phone numbers (work, cell). They should know where to reach you at all times.

Get to know your child's friends– Meet or talk with your child's friends and parents before a get together.

Choose a safe house in your neighborhood– Pick a neighbor's house that your child could go to if they needed help. Tell them they can get help from places like the library, a store and the police station.

Teach your child to use words not fists– Role play some situations they may face, give them ideas on what to do if confronted by a bully.

Encourage your child to get involved in a favorite activity

Work with your neighbors– watch out for unusual occurrences, look out

It's mowing season

Township Grass, Weed and Vegetation Ordinance, No. 2-2002 requires residents to cut and remove certain grass, weeds and/or vegetation over six (6) inch height which are declared a nuisance detrimental to public health, safety and welfare. Exceptions to the ordinance are allowed for land areas used for agriculture and food production, ornamental vegetation and/or managed for recreational wildlife habitat unless it could adversely impact the health of another person. This ordinance is enforceable by a writ requiring weeds to be cut and removed within 10 days. The ordinance provides for other penalties for violations.

